



Building Safe Habits

We have over 25 students who ride a bicycle or a skateboard to and from school each day. This month Ms. Nellenbach and Mr. Cormier met with all our bicycle and skateboard riders to discuss the importance of bicycle and skateboard safety. Students who ride bicycles were reminded that wearing a helmet is required by law: **s. 316.2065 – Bicycle Regulations-(d) A bicycle rider or passenger who is under 16 years of age must wear a bicycle helmet that is properly fitted and is fastened securely upon the passenger’s head by a strap....** Parents, please check to ensure your child has a properly fitting helmet. Visit

<http://www.safekids.org/>

video/bike-helmet-fit-test for a one-minute video to learn how to make sure it’s the right fit. Also, please let your child’s teacher know if you are in need of resources for acquiring a helmet for you child. Students were provided with some additional safety tips to keep in mind during the school year:

- Always cross the street at a crosswalk, preferably at an intersection controlled by a traffic signal or stop sign.
- Look both ways while crossing.
- Walk, don’t run while on sidewalks and crossing the street.
- When biking, design your route around streets with sidewalks when possible and look for crossing guards if crossing a major intersection is required.
- Always wear a bike helmet.
- Bike with the flow of traffic; walk against traffic.
- Parents should plan their child’s route if they walk or cycle to school (safety spots to seek help, best places to cross roadways, ensure child does not get lost).
- When on campus all bike riders should dismount from the bike and safely walk their bike to the designated areas using the right side of the sidewalk.
- Skateboarders should pick up their boards and walk on the sidewalks to the designated areas.

Garrison-Jones faculty, staff, and administration maintain that teaching about safety and maintaining safe practices are the highest priority for our students and families. Please review these safety expectations with your students to support a safe and happy school year. Thank you.